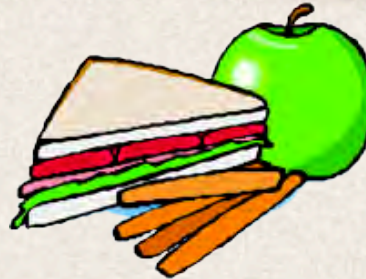


Healthy Lunches Energize My Afternoon!



I agree to be an Energized Kid!

As an Energized kid, I eat a healthy lunch that includes foods from at least four of the food groups!

I know a healthy lunch gives me energy for the afternoon so I can think and play!

Child's Name _____

Parent's Signature _____



Agreement

Visit www.ChefSolus.com for Free online nutrition games, healthy interactive tools, fun activities, recipes, and tips!

[More Healthy Agreements and Trackers](#)

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