

An intervention program for improving the nutritional status of children aged two to five years in Alexandria.

Study from Egypt (2004)

Objective: To assess the effect of a selected intervention on the nutritional status of two to five year old children in day care centers.

Participants: Two to five year olds from three day care centers in Alexandria; followed for one year

Method: Pre and post test design. Kitchens were established in centers that provided two meals per day and nutrition education for parents and training of supervisors.

Results: Improved knowledge by mothers, anemic children decreased from 47% to 14.2%; decrease in percentage of children underweight, stunted and wasted also observed.

Source: Ghoneim EH, Hassan MH, Amine EK. An intervention programme for improving the nutritional status of children aged two to five years in Alexandria. East Mediterr Health J 2004;Nov10(6):838-843.

