## Chef Solus' Valentine Heart Bookmarks



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Cute nutrition oriented bookmarks for kids to use during reading time. Supplies:

- •Red construction paper
- Colored Crayons
- Scissors
- •Glue or Paste
- $\boldsymbol{\cdot} \mathsf{Hole} \ \mathsf{puncher}$
- •Yarn

Instructions:

•Print the sheet with the bookmarks.

•If black and white, decorate the bookmarks with your favorite colors.

•Cut out the bookmarks on the dotted lines

 $\boldsymbol{\cdot} Cut$  out a rectangular shape from construction paper is larger than the bookmark

•Paste the colored bookmark to the construction paper

•Punch a hole at the top of bookmark

 $\cdot$  Thread a piece of white or red yarn about 5-6 inches long through the hole and tie a knot

