

More Fruits and Veggies Please



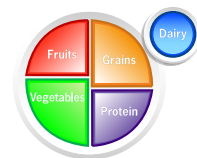
I'm a High-Five Kid

That means at least five servings of all these colors.



Color the box	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Veggies/Fruits 1							
Veggies/Fruits 2							
Veggies/Fruits 3							
Veggies/Fruits 4							
Veggies/Fruits 5							

The more colors on your plate..the better!



List your favorite fruits and veggies: _____

