More Fruits and Veggies please

60

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I agree to be a High-Five Kid. High-Five means eating at least 5 servings of fruits and vegetables every day. I will color half my plate with a variety of colors. The best thing about fruits and vegetables is that they taste great and they help me do well in baseball, running track, and any other exciting things (even reading!)

Parent's Name

Child's Name



Agreement

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