



I'm an Eat Smart Kid

I'm an Eat Smart Kid



Healthy Snacks Taste Great

Color the box	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Healthy Snack 1	☺	☺	☺	☺	☺	☺	☺
Healthy Snack 2	☺	☺	☺	☺	☺	☺	☺

Here are some healthy snacks that taste great and help you be an Eat Smart kid:

carrot sticks, peanut butter on celery, nuts, yogurt, apple slices

List your favorite snacks:

