

Food behavior of elementary school students after receiving nutrition education

Study from US (1982)

Objective: A nine-week nutrition education program for kindergarten through sixth grade; to examine influence on behavior via a pre-test/post-test.

Participants: Kindergarten through sixth graders

Method: Experimental and control group comparison

Results: Food behavior response was mixed. Parents' questionnaire indicated that they perceived a favorable effect of the nutrition education program on their children's food behavior.

Source: Shannon B, Graves K, Hart M. Food behavior of elementary school students after receiving nutrition education. J Am Diet Assoc 1982; Oct81(4):428-434.

